Light Rifle Matches .22caliber
Below are a few important NRA Gun Rules. A full copy of the NRA rules can be found on the Shooting Teams Links.

Shoots will be held when available. Some shoots maybe a double shoot match, consisting of two rounds of Light Rifle and two rounds of Trap. Shoots will be announced on the FHSRA website. Please follow call-in dates with the rodeos.

The fundamental NRA rules for safe gun handling are:
Always keep the gun pointed in a safe direction.
Always keep your finger off the trigger until ready to shoot.
Always keep the gun unloaded until ready to use.
Light Rifle
Any . 22 caliber rim fire .22 short, .22 long, or .22 long rifle with not less than a 2 pound trigger pull and which weighs not more than $8 \frac{1}{2}$ pounds when equipped with sights. No portion of the rifle or any attachment to the rifle shall extend more than 3 inches beyond the rear of the shooter's shoulder. The same rifle must be used throughout all stages of any one match (except aggregate) except in the case of a malfunction or disabled rifle when the competitor may change rifles with permission of the Chief Range Officer.

Trigger Guard
A rifle must be equipped with an effective trigger guard. Lack of a trigger guard Constitutes an unsafe rifle.

Sights
Scopes power is limited to 10x or less
(a) Metallic Sites-allowed
(1) Non-corrective: Any sighting system, constructed of metal or equivalent, which provides a method of aiming or aligning 2 separate but visible sights, or reference points mounted on the rifle, including tube sights and non-magnifying color filters.
(2) Corrective: Same as (1), except that a lens or system of lenses, not containing an aiming reference or reticle at the focal plane of any such lens or system of lenses, may be included in such system.
(b) Telescopic - Any sighting system which includes a lens or system of lenses and an aiming reference or reticle at the focal plane of a lens or system of lenses.
(c) Any - Any sight without restriction as to material or construction.
(d) Prohibited - Any sighting device programmed to activate the firing mechanism is prohibited.
4.1 Official Targets- NRA Official Targets will be used. 50 Yard A23/5-3 shots may be fired on each record bull's eye.

## 5. POSITIONS

Positions - The positions for use in a match shall be stated in the program under conditions of the match and shall be in accord with the definitions of positions prescribed in this section. No portion of the shooter's body may rest upon or touch the ground in advance of the firing line.
5.1 The Ground - All references to "the ground in the following position Rules are to be construed as applying to the surface of the firing point, floor, such as shooting mats, or platforms as are customarily used on shooting ranges.
5.2 Artificial Support - Any supporting surface except the ground not specifically authorized for use in the Rules for the position prescribed. Digging or use of elbow or heel holes at the firing points or the use of depressions which form artificial support for the elbows, arms, or legs is prohibited. Use of artificial support including back braces are prohibited except as individually authorized by NHSRA for a physically handicapped shooter.
5.3 Position of Rifle Butt-In all positions, except standing (Rule 5.6), the butt of the rifle must be held against the front of the shoulder on the outside of the shooting coat or shirt and must not touch the ground. 5.4 Prone - Body extended on the ground, head toward the target. The rifle will be supported by both hands and one shoulder only. No portion of the arms below the elbows shall rest upon the ground or any artificial support, nor may any portion of the rifle or body rest against any artificial support. The forearm supporting the rifle shall form an angle with the line from the point of elbow contact, to the target of not less than 30 . (Measured through the axis of the forearm.)
5.5 Kneeling - Buttocks clear of the ground, but may rest on one foot. The rifle will be supported by both hands and one shoulder only. The elbow of the arm supporting the rifle rests on the knee or leg. The elbow of the trigger arm will be free from all support. One knee must be touching the ground or shooting mat. The shooter may be on all, partially on, or all off the shooting mat. A roll as described in Rule 3.12 may be placed under the instep provided the foot is placed toe down at an angle not greater than 45 degrees from the vertical. Only the trousers and underclothing may be worn between the shooter's buttocks and heel. The jacket or other article may not be placed between these two points. (Elbow is defined in Rule 5.8.) If the kneeling roll is not used, the foot may be positioned at any angle, to include placing the side of the foot and the lower leg in contact with the ground.
5.6 Standing - The shooter shall stand free with both feet on the ground or at his mat without any other support. The rifle shall be held with both hands and the shoulder (upper right chest) or the upper arm near the shoulder, the cheek and the part of the chest next to the right shoulder. However the rifle must not be
supported by the jacket or chest beyond the area of the right shoulder and right chest. The left upper arm and elbow may be supported on the chest or on the hip. The use of the sling is prohibited for all rifles. (Left handed shooters reverse these descriptions)
5.7 Illegal - Anyone found using an illegal position shall be warned once and given an opportunity to correct his/her position. If the same person continues to use an illegal position or reverts to it, that person shall be penalized according to the provision of Rule 9.30.
7.1 Course of Fire - Targets will be changed after 36 shots. The number of shots on record bulls at each position are 50 yards, 12 shots, per position. We will shoot 12 shots per bull (target) Standing, 12 shots per bull (target) Kneeling, and 12 shots per bull (target) prone position.

12 shots per bull (target

