

RIFLE AND TRAP SHOOTING LESSONS VIDEOS

If you are a beginner or experienced shooter, please watch these videos. These videos will teach you shooting position and techniques that will be critical to your success in shooting.

YouTube.com

1. \$200,000 in Grants for Collegiate Shooting Programs! -

<http://www.youtube.com/watch?v=K28agdMaISM>

2. Set up Your Scope for Success - Rifle Shooting Technique

<http://www.youtube.com/watch?v=COoXVpGfXQE>

3. **ATAC TV Sequence of Shooting: Basic Breathing ----MOST IMPORTANT**

<http://www.youtube.com/watch?v=8bzRcUO4FWs>

4. The Kneeling Position - NSSF Shooting

<http://www.youtube.com/watch?v=rKpCgugbLn0>

5. Standing Position- Skeletal (Bone) Support in Rifle Shooting and Photography-

<http://www.ocabj.net/?p=1021>

6. Prone Shooting Tips with SafeArmsReview - Prone Unsupported

<http://www.youtube.com/watch?v=OJqqdKChogE>

7. NRA High-power Rifle Master Shooting Small-bore Offhand

<http://www.youtube.com/watch?v=mtPE6yoWM0E>

8. Shooting Fundamentals - Rifle Shooting Technique - NSSF Shooting-good site picture and finger pressure-(we will not be using bags for support)

<http://www.youtube.com/watch?v=B9VTMzCiZtE>

9. Rifle Sight-in Process - Rifle Shooting Technique - NSSF Shooting

<http://www.youtube.com/watch?v=aDrrJA14wtg>

Trap Lessons on page 2....

TRAP SHOOTING LESSIONS

1. Basic trap shooting 1

<http://www.skeetinstructor.com/> This is part 1 of a three part series on how to shoot trap by Dean Blanchard. In this video I go over the layout of the field and basic flight path of the bird. I also go into how the game of trap is played. Video 2 has a more in depth discussion on how to shoot the game with video 3 we will go into the finer points of trap.

<http://www.youtube.com/watch?v=GXdBZ3LPv0>

2. Basic Trap2

<http://www.youtube.com/watch?v=OcN1bPByGj4>

3. Basic trap shooting 3

<http://www.youtube.com/watch?v=-JKZ2KUg1RU>

4. How to Shoot Trap - NSSF Shooting Sportscast How to Shoot Trap:

<http://www.youtube.com/watch?v=yOcxjSEDPmk> 5.

5. The secret to breaking more targets, the eye

http://www.youtube.com/watch?v=SRrXC_XwUQw

6. Pick Up Your Targets Quicker - NSSF Shooting Sportscast

<http://www.youtube.com/watch?v=4LStsNH8CM>

7. Don't Look Down the Barrel - NSSF Shooting Sportscast

<http://www.youtube.com/watch?v=tXo0WUiCx34>

8. Common Mistakes and Corrections

http://j.mp/cc0_trap

9. Spreading What? - NSSF Shooting Sportscast

<http://www.youtube.com/watch?v=egBdRMiW0ag>

10. Slow Down That Target - NSSF Shooting Sportscast

<http://www.youtube.com/watch?v=n2F5FaeVNGs>

11. Understanding Gun Fit - NSSF Shooting Sportscast

<http://www.youtube.com/watch?v=jLLnGM3DXE0>

12. Expert Advice on Proper Gun Fit and Gun Mounting

<http://www.youtube.com/watch?v=i8hFplFjrKI>

Shooting Links

NRA.org

NRA Rule Book

<http://www.nhsra.com/NRA-Shooting-Program>

Amateur Trap Association

http://www.shootata.com/pdfs/2011_rulebook_4web.pdf

NSSF Shooting Sportscast